



9915 Kingston Pike
 Knoxville, TN 37922
 865-690-1477

www.youthtransitions.net
 Hours: 10:30 am-2pm Mon.-Fri.

Sandwiches

Café Sandwiches \$2.95

Chicken Salad
 Chicken, Onion, Celery, Spices

Tuna Salad
 Albacore Tuna, Onion, Celery, Mayo

Pimento Cheese
 Sharp Cheddar Cheese, Mayo, Spices

Peanut Butter & Jelly
 Skippy Peanut Butter and Grape Jelly

Hot Sandwiches \$3.45

Southern Meat Loaf
 Ground Chuck, Peppers, Onions, Seasonings

Smoked Turkey
 Sliced Turkey, Tomato, Lettuce

Grilled Cheese
 American Cheese Slices on Wheat, Grilled

Smoked Ham and Swiss
 Smoked Ham, Lettuce, Tomato

Specialty Sandwiches \$3.95

Chipotle Chicken
 Chipotle Mayo, Chicken, Bacon

Chicken Salad BLT on Croissant
 Chicken Salad, Bacon, Lettuce, Tom
 on a Buttery Croissant

Chicken Bacon Dijon
 Grilled Chicken, Bacon, Dijon Sauce

Any Café Sandwich and Soup Combination \$5.00

Any Soup and Café Salad \$5.00

“Drink Included”

Café Soups \$2.50 / \$3.45

Creamy Tomato
 Diced Tomato, Onion, Cream

Chicken Gumbo
 Chicken, Celery, Onion, Peppers, Spices

Red Beef Chili
 Ground Chuck, Onion, Peppers, seasonings

White Chicken Chili
 White Beans, Peppers, Green Chiles,
 Onion, Chicken, Seasonings

Café Salads \$3.25

Greek Salad
 Romaine, Tomato, Feta Cheese,
 Black Olives, Cucumbers, Croutons

Caesar Salad
 Romaine, Croutons, Parmesan,
 Caesar Dressing

Classic Tossed Salad
 Ripe Tomatoes, Carrots, Cheese
 Purple Cabbage, Cucumber

Specialty Salads \$3.95

Grilled Chicken Caesar
 All Natural Chicken, Romaine,
 Croutons, Parmesan, Caesar Dressing

Asian Sesame Chicken
 Natural Chicken, Romaine,
 Chow Mein Noodles, Asian Sesame Dressing

Drink Choice \$1.00

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 Bottled Water
 Coke
 Diet Coke
 Sprite
 Dr. Pepper
 Coffee
 Sweet Tea
 Hot Tea

Salad Dressings

Ranch
 Thousand Island
 Blue Cheese
 Vinaigrette
 Caesar
 Sesame Ginger
Extras
 Corn Muffins
 Chips

Sweets \$2.75

Chocolate Cake
 Chocolate Chess Pie
 Specialty Desserts

Cookies .75
 Chocolate Chip
 Oatmeal

MidDay Café is a subsidiary of Youth Transitions, Inc., a 501 (c)(3) nonprofit corporation